

Charles R. Drew Saturday Academy

A Publication for High School Students



Volume 1 | Issue 1

[2010 Charles R. Drew Saturday Academy Application](#)

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We Are So Proud of Our Graduates!

The [MD Project: Charles R. Drew Saturday Academy](#) is part of Cleveland Clinic’s commitment to minority students in Northeast Ohio to help prepare you for a medical sciences career.

Saturday Academy is about developing skills that will lead to a more meaningful education and career in science or medicine (or whatever you ultimately decide to do).

We believe that we have the right mix of competition and camaraderie that will help you excel. The challenges placed on our previous student graduates were met with flying colors and we expect that you will do the same.

We are so proud of our 2008 and 2009 graduates and look forward to receiving your application for the 2010 incoming class.



Dr. Anthony Stallion
Chief Community Relations and Diversity Officer
Pediatric Surgeon
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Saturday Academy ★ Stars



Lillian Perez
Saturday Academy
Graduate Student, 2008
Assistant, 2009

Lillian Perez is determined to become a physician. She is very bright, well-spoken and committed to reaching her career goals.

Featured on the “Kaleidoscope” TV show, Lillian stated, “...Saturday Academy has taught me that (being a good physician) is all about doing your job right and loving what you do.”

She recently graduated from Jane Addams Business Career Center and will enter Case Western Reserve University’s (OH) pre-med program in the fall. ★



Kim Ross Mason, Jr.
Saturday Academy
Graduate Student, 2009

Kim Ross Mason, Jr. attended Charles F. Schuler High School, where he was voted valedictorian of the 2009 graduating class.

During his speech, Kim mentioned that he was better prepared to represent his school because of the communication and presentation skills that he learned while attending Saturday Academy.

Kim will attend Fisk University (TN) this fall. He is pursuing a career in genomics research.

Who is Charles R. Drew, MD?



TEST YOUR KNOWLEDGE

Dr. Charles Richard Drew

(June 3, 1904—April 1, 1950)

African American physician, surgeon, educator and researcher

1. Dr. Charles R. Drew conducted research in the field of _____.
2. He developed techniques for improving _____ storage.
3. In 1941, Dr. Drew was appointed medical director of the first _____ Blood Bank, in charge of blood usage by the U.S. Army and Navy.
4. In 1944, Dr. Drew was awarded the Spingarn Medal by the _____ in recognition for his work on the *Blood for British* (collecting 14,500 pints of plasma for the British).
5. Dr. Drew was the first African-American surgeon to serve as an examiner on the _____.

Answers on page 4 (on the back)

APPLY NOW! SESSIONS BEGIN JANUARY 16TH!

Paving the Way for Future Docs & Scientists



Saturday Academy Students & Facilitators, Class of 2009

In an effort to retain our best and brightest talent, [Cleveland Clinic](#), in collaboration with [Health Legacy of Cleveland, Inc.](#), sponsored its 2nd annual [MD Project: Charles R. Drew Saturday Academy](#).

The **Saturday Academy** is an enrichment program designed to increase the number of African American, Hispanic/Latino, Native American and Pacific Islander physicians, research scientists, physician investigators and physician leaders. It helps to develop critical skills that lead to success in college, graduate medical school and beyond.

The consecutive 11-week Saturday sessions include such topics as *Introduction to the Field of Medicine*, *Healthcare Disparities*, *Medical Ethics* and *Professional Etiquette*. Students gain hands-on experience through interactions with physicians and research scientists, medical simulation equipment and live surgeries. The

students demonstrate their growth by organizing and implementing a public health project.

Our Class of 2010 will also experience a writing skills workshop, tips on mastering the college application process, surviving the college journey and preparation for the [Medical College Admissions Test \(MCAT\)](#). Students are given monetary stipends for successful completion of the program.

Online applications are available and will be accepted through Friday, October 2, 2009. We'll begin the 2010 sessions on Saturday morning, January 16, 2010 and end

Charles R. Drew Saturday Academy Eligibility Criteria:

- Underrepresented minorities in medicine (URMM)—African American, Hispanic/Latino, Native American or Pacific Islander
- Northeast Ohio high school sophomore, junior or senior in good standing
- 3.5 or better GPA
- Aptitude for Science and/or Math
- Parental/Guardian commitment to transport student to/from each session
- [Complete the online application](#) and include the following:
 - Official high school transcript
 - 500-word essay on a pre-determined subject
 - Three reference letters: (1) parent, (1) guidance counselor and (1) teacher (math or science) or principal

DEADLINE: OCTOBER 2, 2009



Upholding the Legacy... Health Legacy of Cleveland, Inc.

During its 4th Annual [Health Legacy of Cleveland's](#) Scholarship and Awards dinner, Cleveland Clinic and Health Legacy (HLC) awarded a total of \$8000 in scholarships to Cleveland-area high school graduates who also participated in Saturday Academy. These monies will provide additional support to help students pursue their educational goals.

Health Legacy of Cleveland, Inc. is a nonprofit foundation whose mission is to increase the pool of African American physicians and dentists in the greater Cleveland area. As visionaries, HLC has a singular, unwavering commitment to eliminate health care disparities among African Americans by partnering with the Cleveland Community.

Cynthia Clark, Executive Director and HLC Board Member, encourages her board members to participate as **Saturday Academy** facilitators, speakers and mentors for the program. Everyone enjoys the interaction. The response and participation have been very encouraging.



Seated (l to r): Andre Mickel, DDS, MSD, Oscar Saffold, MD, Alvin F. Pouissant, MD (keynote), Anthony Stallion, MD, FACS; Standing (l to r): Tyler Price, Kim Mason, Jr., Julius Robinson, Alexis Crosby, Lillian Perez, Rachel Moore, Briana Walker, Shontae Dortch, Jasmine Hardnick and Sara Hart.

Blood Drive Helps Save Nearly 66 Lives!

As part of the **Saturday Academy's** public health project component, students were required to organize and implement a community blood drive along with members of the American Red Cross at Fatima Family Center, located in Cleveland's Hough area.

This year's drive resulted in the collection of 22 productive pints of blood equating to about 66 lives saved!



Fabulous Facilitator



Yvonne Sims, Facilitator, shares her thought provoking theme

Facilitating the Charles R. Drew Saturday Academy has been one of the most positive experiences I've had in my 37 years as an educator.

What has made this experience so overwhelmingly positive is the selection of such wonderful students. They enter with focus, determination, commitment and a level of inquisitiveness that validates them as outstanding scholars. The students not only participate to fulfill personal goals, but also receive the knowledge, information and experiences to promote a career in the medical profession.

My favorite role was providing a thought provoking theme for the *Graffiti Wall* at the beginning of each session. Its purpose was to encourage some introspective work as well as challenge the students to share it with the entire group. It was difficult for some, and on occasion, unexpectedly emotional for all of us. These occurrences turned into phenomenal teachable moments as students became aware of how the whole person plays a significant role in your career goals.

My hope is that each student will gain a renewed sense of self-awareness and how it determines their professional fulfillment. What I truly treasure is the personal interactions with each student and also witnessing their evolution over the course of the program. I have a personal appreciation for how they process information and the experiences that they receive.

Having this opportunity is an educator's DREAM COME TRUE! The energy is contagious and rejuvenates my energy and enthusiasm. I truly look forward to continuing to work with the **Saturday Academy** program as it evolves and improves each year.

~Mrs. Yvonne Sims

"Kudos" Corner

Kudos to the following high school graduates:

- ☺ **Olen Bradley**, Collinwood High School graduate, attending Walsh University (OH); BPACF Scholarship recipient
- ☺ **Shontae Dortch**, James F. Rhodes High School graduate, attending The University of Toledo (OH), Health Legacy and BPACF Scholarships recipient
- ☺ **Terrance Embry**, Hawken School graduate, attending Oberlin College (OH); Health Legacy Scholarship recipient
- ☺ **DeMarcus Fry**, John Hay Early College High School graduate, attending Ohio University (OH); BPACF Scholarship recipient
- ☺ **Jasmine Hardnick**, Euclid High School graduate, attending The Ohio State University (OH); Health Legacy and BPACF Scholarships recipient
- ☺ **Sara Hart**, East High School graduate, attending Ohio University (OH); Health Legacy and BPACF Scholarships recipient
- ☺ **London Holt**, Collinwood High School graduate, attending Case Western Reserve University (OH); BPACF Scholarship recipient
- ☺ **Kim Ross Mason, Jr.**, Carl F. Schuler High School graduate, attending Fisk University (TN); Health Legacy and BPACF scholarships recipient
- ☺ **Lillian Perez**, Jane Addams BCC High School graduate, attending Case Western Reserve University (OH); Health Legacy Scholarship recipient
- ☺ **Briana Walker**, Brush High School graduate, attending Hampton University (VA); Health Legacy Scholarship recipient
- ☺ **Shanetha Williams**, John Hay Early College High School graduate, attending Ohio University (OH); Health Legacy and BPACF Scholarships recipients



Front Center: **Briana Walker**; Rear (left to right): **Olivia Goins-Jordan, Jasmine Hardnick and Sara Hart.**

Extra! Extra!

Charles R. Drew Saturday Academy

A **SNAPSHOT**

- Collaboration of Cleveland Clinic and Health Legacy of Cleveland, Inc.
- Enrichment program to increase the number of underrepresented minorities in medicine
- Eleven consecutive Saturday sessions on Cleveland Clinic's main campus
- Interact with physicians, scientists, and other professionals
- Learn critical thinking and leadership skills that lead to success
- Meet other students that have an interest in medical sciences
- Receive a monetary stipend for successful completion of the program

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DEADLINE: OCTOBER 2, 2009

Our Deepest Fear

Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness
That most frightens us.

We ask ourselves

Who am I to be brilliant, gorgeous, talented,
fabulous?

Actually, who are you *not* to be?

You are a child of God.

Your playing small

Does not serve the world.

There's nothing enlightened about shrinking

So that other people won't feel insecure around you.

We are all meant to shine,

As children do.

We were born to make manifest

The glory of God that is within us.

It's not just in some of us;

It's in everyone.

And as we let our own light shine,

We unconsciously give other people permission to do
the same.

As we're liberated from our own fear,

Our presence automatically liberates others.

~Marianne Williamson, *A Return to Love*~



"It doesn't matter where you are coming from.
All that matters is where you are going."

~Brian Tracy~

APPLY NOW! SESSIONS BEGIN JANUARY 16TH!

Extra! Extra!**Reference Letters — Do's and Don'ts**

REFERENCE LETTERS are critical to many applications that you may be required to submit. Sometimes, it determines whether you are accepted or rejected. The following tips may help to avoid common mistakes.

- Don't ask for a reference letter by email, text message, twitter, etc. Ask in person.
- Don't spring it on your teacher, principal, parent or other adults — especially at the last minute!
- Ask if he/she could write a letter supporting your application and that it is a "glowing letter" to increase your chances of being accepted.
- Schedule a meeting and provide a packet which includes information about yourself, the program you are applying, application deadlines, career goals, transcripts, writing samples, etc., so that the letter may be more meaningful. Neatness and organization count!
- Allow at least one month prior to the application deadline to write the letter.
- Be courteous and thank the person, even if he/she declines to help. They are doing you a favor!

Top Ten: An Ideal Mentor is ...

10. Honest with You
9. A Model for You
8. Deeply Committed to You
7. Open and Transparent About Their Personal Successes and Failures
6. A Teacher and Knows How to Communicate
5. One Who Believes in Your Potential and Helps You Stay "On Track"
4. One Who Can Help You Define Your Dream and a Plan to Turn Your Dream into Reality
3. Successful in Your Eyes
2. Open to Learning from You, As Well As Teaching You
1. Willing to Stay Primarily on Your Agenda, Not His/ Her Own

~ Bobb Biehl, [Mentoring](#)

Check 'Em Out!

[ACT](#)

[Annual Biomedical Research Conference for Minority Students](#)

[AspiringDocs.org](#)

[Careers in Medicine](#)

[CollegeBoard.com](#)

[ExploreHEALTHCareers.org](#)

[HBCU-UP Programs](#)

[Historically Black Colleges and Universities](#)

[Minority Scholarships](#)

[Ohio Colleges and Universities](#)

[Scholastic Aptitude Test](#)

[Summer Medical and Dental Education Program](#)

[Student National Medical Association](#)



Cleveland State University



MIAMI UNIVERSITY

APPLY NOW! SESSIONS BEGIN JANUARY 16TH!

Answers to : *Test Your Knowledge (from the cover page)*

1. *blood transfusions*
2. *blood*
3. *American Red Cross*
4. *NAACP*
5. *American Board of Surgery*

Scholarship Awards

Special thanks to our partnering organizations for helping us continue the legacy of educating future doctors and scientists!

[Health Legacy of Cleveland, Inc.](#)

See feature story on page 3.

[Black Professionals Association Charitable Fund \(BPACF\)](#)

Cleveland Clinic is collaborating with the Black Professional Association Charitable Fund (BPACF) to provide scholarship award opportunities to African American graduating seniors who participated in the Saturday Academy program. The winners of this award, titled *Cleveland Clinic Scholars*, will be announced in October of this year at the annual BPACF Scholarship and Awards Dinner.

Etiquette is Everything!



Quote: "The best aspects of the program were learning to make good first impressions and being able to know what career you want to pursue."



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